

POOL TIMETABLE

2nd January – 1st March 2025

Subject
To
Change

Public Session Times

All sessions 50 minutes, unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	10am Aqua Aerobics		2 – 2.40pm	6pm
TUESDAY	10am	1pm	2 – 2.40pm	6pm
	11am			8 – 8.40pm
WEDNESDAY	10am	1pm	2 – 2.40pm	8pm Aqua Aerobics
	11am			
THURSDAY	10am	1pm	2 – 2.40pm	6pm
	11am			8 – 8.40pm
FRIDAY	10am Aqua Aerobics	1 – 1.40pm		
	11am			
SATURDAY		1pm	2pm	

Lane Swimming Times

All sessions 55 minutes, unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY				7pm
TUESDAY		12pm		7pm Swim Fit
WEDNESDAY		12pm		
THURSDAY		12pm		7pm
FRIDAY		12pm		
SATURDAY			3 – 3.40pm	



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