POOL TIMETABLE 6th Jan – **30th** March **2025** Timetable subject to change

DAY	MAIN POOL PUBLIC SWIMMING - 50 MINUTE SESSIONS						
MONDAY		2pm	3.00pm	4.00pm		7pm	
TUESDAY			3.00pm			8.00pm	
WEDNESDAY		2.00pm		4.30pm		8.00pm	
THURSDAY	12pm	2.00pm					
FRIDAY		2.00pm	3.00pm		6.00pm		
SATURDAY	10.00am		3.00pm	4.00pm			
SUNDAY	11.00am	12.00pm	1.00pm	2.00pm	3.00pm		

• INCLUSIVE SESSION - NUMBERS REDUCED

DAY	LEARNER POOL – 50 MINUTE SESSIONS						
MONDAY	1.00pm	2.00pm	3.00pm		7.00pm	8.00pm	
TUESDAY	1.00pm*		3.00pm			8.00pm	
WEDNESDAY	1.00pm	2.00pm	4.30pm	6.00pm	7.00pm	8.00pm	
THURSDAY	10.00am	1.00pm			6.00pm	7.00pm	
FRIDAY	1.00pm	2.00pm	3.00pm	5.00pm	6.00pm	8.00pm	
SATURDAY	9.00am			3.00pm	4.00pm		
SUNDAY	50-minute sessions starting from 9am – 4pm						

DAY	MAIN POOL LANE SWIMMING – 55 MINUTE SESSIONS						
MONDAY	6.30am	7.30am	8.30am	12.00pm	1.00pm	9.00pm*	
TUESDAY	6.30am	7.30am	8.30am		1.00pm*		
WEDNESDAY		7.30am	8.30am		1.00pm	9.00pm*	
THURSDAY	6.30am	7.30am	8.30am		1.00pm		
FRIDAY		7.30am	8.30am		1.00pm	8.00pm	
SATURDAY	9.00am						
SUNDAY	10.00am				4.00pm		

* 40 MINUTE SESSIONS

