

POOL TIMETABLE January-March 2025

Timetable subject to change

Main Pool Public Swimming

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	6:30am-8:00am* 8:00am-8.45am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm* 9:00pm-9:45pm
TUESDAY		12:15pm-1:00pm	2:45pm-3:30pm	6:45pm-8:30pm*
WEDNESDAY	6:30am-8:00am* 8:00am-8.45am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm* 9:00pm-9:45pm
THURSDAY		12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:45pm*
FRIDAY	6:30am-8:00am* 8:00am-8.45am	12:15pm-1:00pm	2:45pm-5:00pm *Inclusive Swim Session 4:15pm- 5:00pm*	5:00pm-8:30pm*
SATURDAY	9:00am-9:45am*	12:30pm-1:15pm	1:15pm-3:00pm	Pool Inflatable 3:30pm-4:30pm
SUNDAY		12:00pm-12:45pm	12:45pm-4:45pm	*Shared Use

Toddler Pool Public Swimming

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm
TUESDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm
WEDNESDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm
THURSDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm
FRIDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-5:00pm *Inclusive Swim Session 4.15pm- 5.00pm*	5:00pm-8:00pm
SATURDAY	9:00am-9:45am 11:30am-12:15pm	12:15pm-1:00pm	1:00pm-3:00pm	Pool Inflatable 3:30pm-4:30pm
SUNDAY		12:00pm-12:45pm	12.45pm-4.45pm	

• Please note all sessions are 45 minutes

• Children under 8 must be accompanied by a responsible person aged 16 or over

• Lane swimming available on request subject to approval & depending on service needs; maximum 3 lanes

• 6.30-7.15am Mon/Wed/Fri is lane swimming, booking essential as numbers restricted

• Booking not essential for other sessions, however can be booked via our app Derry & Strabane Leisure