

# POOL TIMETABLE Monday 2<sup>nd</sup> December to Sunday 22<sup>nd</sup> December 2024

## Main Pool Public Swimming

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY			3:00pm to 6:00pm	6:00pm to 8:15pm
TUESDAY				6:00pm to 8:15pm
WEDNESDAY			3:00pm to 6:00pm	7:00pm to 8:15pm
THURSDAY			3:00pm to 6:00pm	6:00pm to 8:15pm
FRIDAY			3:00pm to 6:00pm	6:00pm to 8:15pm (Inclusive)
SATURDAY	10:00am to 5:30am	10:00am to 5:30am	4:30pm to 5:30pm (Pool at 1.2m)	
SUNDAY	10:00am to 5:30pm	10:00am to 5:30pm	4:30pm to 5:30pm (Pool at 1.2m)	

## Learner Pool Public Swimming

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	9:00am to 10:00am	12:00pm to 1:00pm	1:00pm to 6:00pm	6:00pm to 8:15pm 8:30pm to 9:30pm
TUESDAY	9:00am to 10:00am	12:00pm to 1:00pm	1:00pm to 6:00pm	6:00pm to 8:15pm 8:30pm to 9:30pm
WEDNESDAY	8:30am to 9:30am	12:00pm to 1:00pm	1:00pm to 6:00pm	7:00pm to 8:15pm 8:30pm to 9:30pm
THURSDAY	8:30am to 9:30am	12:00pm to 1:00pm	1:00pm to 6:00pm	6:00pm to 8:15pm 8:30pm to 9:30pm
FRIDAY	9:00am to 10:00am	12:00pm to 1:00pm	1:00pm to 6:00pm	6:00pm to 8:15pm (Inclusive) 8:30pm to 9:30pm
SATURDAY	9:00am to 5:30pm	9:00am to 5:30pm	9:00am to 5:30pm	
SUNDAY	9:00am to 5:30pm	9:00am to 5:30pm	9:00am to 5:30pm	

- Please note sessions are rolling 15min sessions and numbers are limited.
- The Learner Pool will have a strict number limit however the Main Pool will have an area set at 0.8m.
- Children under 8 must be accompanied by a responsible person aged 16yrs and over.
- Friday 7:00pm to 8:30pm Inclusive session for anyone with Additional Needs such as Autism, numbers are reduced and PA's will be kept to a minimum.

## Lane Swimming Session Times

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	6:30am to 7:30am 7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm		8:30pm to 9:30pm
TUESDAY	6:30am to 7:30am 7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm	6:00pm to 7:00pm (Fast & Medium Lane Only)	
WEDNESDAY	6:30am to 7:30am 7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm		8:30pm to 9:30pm
THURSDAY	7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm	6:00pm to 7:00pm (Fast & Medium Lane Only)	8:30pm to 9:30pm
FRIDAY	6:30am to 7:30am 7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm		8:30pm to 9:30pm
SATURDAY			4:30pm to 5:30pm (Fast & Medium Lane Only)	
SUNDAY	9:00am to 10:00am		4:30pm to 5:30pm (Fast & Medium Lane Only)	

\*\*\*Please note the centre will be closed from 9:00am to 5:00pm on 12<sup>th</sup> & 13<sup>th</sup> December for Staff Training

- Please note lane swimming sessions must be pre-booked in advanced and aged 12yrs +.
- Children under 8 must be accompanied by a responsible person aged 16 or over
- There will be 6 single lanes available for booking;
  1. Recreational Swimming Lane
  2. Medium Swimming Lane – Suitable for anyone who can swim continuously
  3. Fast Swimming Lane - Suitable for anyone swimming 25 secs a length or less

# POOL TIMETABLE Monday 23<sup>rd</sup> December to Sunday 5<sup>th</sup> January 2025

## Main Pool Public Swimming

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	9:30am to 12:00pm		1:00pm to 6:00pm	6:00pm to 8:15pm
TUESDAY	9:30am to 12:00pm		1:00pm to 6:00pm	6:00pm to 8:15pm
WEDNESDAY	9:30am to 12:00pm		1:00pm to 6:00pm	7:00pm to 8:15pm
THURSDAY	9:30am to 12:00pm		1:00pm to 6:00pm	6:00pm to 8:15pm
FRIDAY	9:30am to 12:00pm		1:00pm to 6:00pm	6:00pm to 8:15pm (Inclusive)
SATURDAY	9:00am to 5:30am	9:00am to 5:30am	4:30pm to 5:30pm (Deep End Floor at 1.8m)	
SUNDAY	10:00am to 5:30pm	10:00am to 5:30pm	4:30pm to 5:30pm (Deep End Floor at 1.8m)	

## Learner Pool Public Swimming

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	9:00am to 12:00pm	12:00pm to 1:00pm	1:00pm to 6:00pm	6:00pm to 8:15pm 8:30pm to 9:30pm
TUESDAY	9:00am to 12:00pm	12:00pm to 1:00pm	1:00pm to 6:00pm	6:00pm to 8:15pm 8:30pm to 9:30pm
WEDNESDAY	9:00am to 12:00pm	12:00pm to 1:00pm	1:00pm to 6:00pm	7:00pm to 8:15pm 8:30pm to 9:30pm
THURSDAY	9:00am to 12:00pm	12:00pm to 1:00pm	1:00pm to 6:00pm	6:00pm to 8:15pm 8:30pm to 9:30pm
FRIDAY	9:00am to 12:00pm	12:00pm to 1:00pm	1:00pm to 6:00pm	6:00pm to 8:15pm (Inclusive) 8:30pm to 9:30pm
SATURDAY	9:00am to 5:30pm	9:00am to 5:30pm	9:00am to 5:30pm	
SUNDAY	9:00am to 5:30pm	9:00am to 5:30pm	9:00am to 5:30pm	

- Please note sessions are rolling 15min sessions and numbers are limited.
- The Learner Pool will have a strict number limit however the Main Pool will have an area set at 0.8m.
- Children under 8 must be accompanied by a responsible person aged 16yrs and over.
- Friday 7:00pm to 8:30pm Inclusive session for anyone with Additional Needs such as Autism, numbers are reduced and PA's will be kept to a minimum.

## Lane Swimming Session Times

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	6:30am to 7:30am 7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm		8:30pm to 9:30pm
TUESDAY	6:30am to 7:30am 7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm	6:00pm to 7:00pm (Fast & Medium Lane Only)	
WEDNESDAY	6:30am to 7:30am 7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm		8:30pm to 9:30pm
THURSDAY	7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm	6:00pm to 7:00pm (Fast & Medium Lane Only)	8:30pm to 9:30pm
FRIDAY	6:30am to 7:30am 7:30am to 8:30am 8:30am to 9:30am	12:00pm to 1:00pm		8:30pm to 9:30pm
SATURDAY			4:30pm to 5:30pm (Fast & Medium Lane Only)	
SUNDAY	9:00am to 10:00am		4:30pm to 5:30pm (Fast & Medium Lane Only)	

\*\*\*Please note the centre will be closed on 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup> December and will also close early on 31<sup>st</sup> Dec at 2:00pm and closed on 1<sup>st</sup> January 2025

- Please note lane swimming sessions must be pre-booked in advanced and aged 12yrs +.
- Children under 8 must be accompanied by a responsible person aged 16 or over
- There will be 6 single lanes available for booking;
  1. Recreational Swimming Lane
  2. Medium Swimming Lane – Suitable for anyone who can swim continuously
  3. Fast Swimming Lane - Suitable for anyone swimming 25 secs a length or less