

POOL TIMETABLE 28th Oct 2024 – 29th Dec 2024 Timetable subject to change

Public Swim Times All Public sessions are 50 minutes duration unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	10am Aquarobics		2:00pm – 2:40pm	6 pm
TUESDAY	10 am 11 am	1:00 pm	2:00 pm - 2:40pm	6pm 8:00pm – 8:40pm
WEDNESDAY	10 am 11 am	1:00 pm	2:00 pm - 2:40pm	8pm Aquarobics
THURSDAY	10 am 11 am	1:00 pm	2:00pm – 2:40pm	6 pm 8:00pm -8:40pm
FRIDAY	10 am Aquarobics 11 am		1:00pm – 1:40pm	
SATURDAY		1:00 pm	2 pm	

Lane Swimming Times All Lane Sessions are 55 minutes duration unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY				7:00 pm – 7:55 pm
TUESDAY		12:00 pm-12.55 pm		7:00pm swim fit
WEDNESDAY		12:00 pm-12.55 pm		
THURSDAY		12:00 pm-12.55 pm		7:00 pm – 7:55 pm
FRIDAY		12:00 pm-12.55 pm		
SATURDAY			3:00pm – 3:40pm	

